



**The WellSpring
Centre**

The Spiritual Insights of the Enneagram

With Dr Jerry Wagner, Ph.D

Dr Wagner was among the first to explore the Enneagram as a personality type framework within the USA. He went on to study it along with Myers Briggs Type Indicator system as part of his Doctoral studies in Psychology. For the past 25 years he has been running training courses and presenting papers at International Enneagram Conferences including the USA, Europe, Asia and Australia. Jerry is currently Clinical Assistant Professor, Department of Psychology, Loyola University Chicago USA and on the Advisory Board of the International Enneagram Association. He is an excellent presenter and trainer.

Activity 1 – Understanding Yourself and Others – The Enneagram Certificate Course

This five day training and certification program is designed for individuals wishing to use the Enneagram system of personality styles in workshops, small groups, or one-to-one interactions in educational, business, therapeutic, and spiritual development settings. Because the Enneagram touches on many levels of reality, it can be applied at varying levels of intensity and depth. It is a useful tool for personal and interpersonal growth as well as for leadership, management, and team building development. Individuals wishing to enhance their own personal and interpersonal understanding and development can profit from this training.

Program Objectives

1. to learn the basic principles and theoretical framework on which the Enneagram system is based;
2. to recognize and identify the key features of the nine Enneagram styles;
3. to understand the typical developmental process of each style;
4. to grasp the adaptive and maladaptive schemas and dynamics of each style;
5. to learn the paradigm shifts and movements that take place within each style in response to inner and outer stressors;
6. to learn various methods of introducing others to the Enneagram system;
7. To be acquainted with the varying traditions and teachings about the Enneagram and to be familiar with the resources available: books, tapes, test instruments, newsletters, and organizations.

The strategies used to attain these goals will be:

1. didactic input from knowledgeable experts in the field;
2. experiential exercises to foster a practical understanding of the Enneagram's theory and dynamics;
3. panel interviews and discussions to hear the various styles in *person ;
4. audio and video tape material;
5. Written handout materials and resources.

Successful completion of this five day program provides credits towards a tertiary qualification at Loyola University, Chicago USA.

Dates: Monday June 27 – Friday July 1 2005

Activity 2 – Spirituality and the Enneagram

The Enneagram has proven to be a useful system for understanding ourselves as well as interpersonal dynamics. Its deeper intent is to be a tool for spiritual awareness and transformation.

In this workshop we will explore how the nine sets of distorted perceptions and beliefs can lead us to personal transformation. We will also consider the Enneagram diagram (the arrows) from a spiritual point of view and the characteristics of our type and the impact of grace.

This workshop will be of particular interest to those interested in exploring their own spiritual journey as well as personal coaches, spiritual directors, pastors and others in helping professions where spirituality is identified as a key element of their work.

As a member of the faculty of Pastoral Studies at Loyola University Chicago, Jerry brings his experience of working in the pastoral field to his application of the enneagram as a model for exploring the spiritual aspects of our lives and work.

Dates: Monday July 4 and Tuesday July 5 2005

Activity 3 – Nine ways of doing business: Using the Enneagram Spectrum of Personality Styles in management and Teamwork

Appreciating differing personality styles with their particular values, points of view, intuitive capacities, and problems solving strengths contributes to a group's awareness, liveliness, decision-making capabilities and effectiveness.

Understanding our strengths and areas for improvement leads to greater self-awareness, self-mastery, and more effective use of self as a team manager or member. This workshop will assist those involved in working with people in business and community-based organisations to use the Enneagram as a management resource. The Enneagram paradigm has been used to train leaders and staff in businesses such as Motorola, Navistar, the CIA and the US Post Office

By recognising the strengths and potential blind spots of these nine personality styles participants will:

- Possess an additional instrument for problem solving, facilitating decision making, building lively teams, creating collaborative working relationships and reducing unproductive conflict
- Be aware of the nine different ways of doing business in the world
- Enhance their managing, communicating and influencing skills
- Appreciate their own assets and areas for growth and become more adaptable in working with others
- Develop their own, and help others develop their, best selves

Dates: Thursday July 7 and Friday July 8

Venue: All activities will be at The WellSpring Centre, 10 Y Street, Ashburton Melbourne

Time – all activities start at 9.30am and finish at 5pm each day

Lunch and other refreshments are included

Contact Peter Bentley, Director of The WellSpring Centre, for details –

Phone (03) 9885 0277

Email : info@wellspringcentre.org.au

Website: www.wellspringcentre.org.au

Be sure to get in early as places are limited!!

Tear off reply slip

Please register me for the following Wagner activities:

- | | |
|--|--|
| <input type="checkbox"/> Activity 1 – Enneagram Certificate Course – \$1,200 | <input type="checkbox"/> Activity 3 – Nine ways of doing business... – \$1,200 |
| <input type="checkbox"/> Activity 2 – Spirituality and the Enneagram – \$350 | <input type="checkbox"/> All three activities – \$2,250 |

All activities have a 15% earlybird discount if paid before May 31 2005

TOTAL

All activities are GST exempt

Title: _____ Name: _____

Company: _____ Address: _____

Suburb/town: _____ State: _____ Postcode: _____

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Please charge my: Bankcard Visa Mastercard

no. Expiry date: _____

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Signature: _____

fax to: (03) 9885 0881 or

mail to: The WellSpring Centre PO Box 300 Ashburton VIC 3147